

Rang	Nachname	Vorname	Mannschaft	TOP 3 (h:m:s)	DM 2014	DM 2015	DM 2016	DM 2017	TOP 3 (h:m:s)2
1	Karsten	Irene	Warstade	03:20:39	01:05:10	00:51:42	01:04:33	01:10:56	03:20:39
2	Buck	Erna	Warstade	03:06:24	00:52:20		01:10:18	01:03:46	03:06:24
3	Weber	Elke	Warstade	02:40:08	00:51:30	00:48:48	00:11:30	00:59:50	02:40:08
4	Reimer	Marion	Warstade	02:37:01	00:59:45	00:34:41	00:27:41	01:02:35	02:37:01
5	Söhl	Helga	Warstade	02:35:22	00:48:20	00:36:50	01:00:25	00:46:37	02:35:22
6	Schulz	Käte	Warstade	02:32:36		00:40:10	00:48:41	01:03:45	02:32:36
7	Barthelmann	Gertrud	Jesserndorf	02:32:01	01:02:00	00:29:51	00:45:17	00:44:44	02:32:01
8	Müller	Silvia	Warstade	02:28:41	00:53:52	00:36:21	00:32:12	00:58:28	02:28:41
9	Krott	Silvia	Würselen-Haal	02:14:16	00:53:00	00:33:50		00:47:26	02:14:16
10	Prümm	Betty	Würselen-Haal	02:09:44	00:41:20	00:18:16	00:39:54	00:48:30	02:09:44
11	Kowald	Annegret	Neuengamme	02:09:11	00:36:58	01:00:01	00:32:12	00:29:17	02:09:11
12	Driessen	Ute	Würselen-Haal	01:58:18	00:38:58	00:36:00	00:18:31	00:43:20	01:58:18
13	Mocha	Helga	Würselen-Haal	01:58:00	00:42:30	00:32:32	00:35:25	00:40:05	01:58:00
14	Tropartz	Irmgard	Würselen-Haal	01:48:13	00:33:40	00:22:30		00:52:03	01:48:13
15	König	Anke	Bremen	01:39:15		00:46:40	00:20:28	00:32:07	01:39:15
16	Engel	Anke	Neuengamme	01:23:59	00:29:21	00:28:11	00:02:50	00:26:27	01:23:59
17	Scheel	Ute	Neuengamme	01:17:52	00:41:25		00:36:27		01:17:52
18	Beckmann	Marita	Warstade	01:12:12	00:30:50	00:41:22			01:12:12
19	Hampel	Rita	Arnsberg-Voßwinkel	01:12:11	00:37:31			00:34:40	01:12:11