

Rang	Nachname	Vorname	Mannschaft	TOP 3 (h:m:s)	Beste Regio der letzten zwei Jahre	DM 2014	DM 2015	DM 2016	DM 2017	WM 2014	WTC 2015	EM 2016	WTC 2017	TOP 3 (h:m:s)2
1	Schäfer	Uli	Arnsberg-Voßwinkel	05:11:40	01:47:35	01:22:30	01:16:10	00:28:09	01:36:42	01:22:30	01:47:23	01:35:30	00:54:53	05:11:40
2	Nowak	Rainer	Großschwarzenlohe	04:20:14	01:19:26	01:18:09	01:12:18	00:50:55	01:32:18	01:18:09	01:12:36	01:28:30	01:00:25	04:20:14
3	Brennecke	Nico	Wriezen	04:14:10	01:50:10	01:16:50	01:07:10	00:22:35	00:21:22					04:14:10
4	Köhler	Wilfried	Arnsberg-Voßwinkel	04:10:51	01:28:30		01:06:56	01:14:52	01:11:31		01:27:29	01:04:37		04:10:51
5	Nestler	Nils	Wriezen	04:07:44	01:36:18	01:15:43	00:05:26	00:51:06		01:15:43				04:07:44
6	Berschneider	Heinrich	Großschwarzenlohe	04:05:46	01:25:50	01:14:58	01:08:36	00:00:59	01:08:24	01:14:58		00:59:51		04:05:46
7	Miesterfeld	Burkhard	Wriezen	03:43:47	01:24:35	01:06:50	00:52:09		01:12:22					03:43:47
8	Karsten	Irene	Warstade	03:27:02	01:10:56	01:05:10	00:51:42	01:04:33	01:10:56	01:05:10				03:27:02
9	Nellessen	Victor	Würselen-Haal	03:25:05	00:20:57	00:46:56		00:51:39	01:02:35	00:46:56	01:04:25		01:18:05	03:25:05
10	Wilms	Hans	Bremen	03:24:56	01:08:40		00:31:15	01:08:40	01:07:36					03:24:56
11	Hampel	Uli	Arnsberg-Voßwinkel	03:24:34	01:04:06	00:59:42		00:52:00	00:39:00	00:59:42	00:37:50	01:05:25	01:15:03	03:24:34
12	Buck	Erna	Warstade	03:24:22	01:10:18	00:52:20		01:10:18	01:03:46					03:24:22
13	Wittmann	Bernd	Großschwarzenlohe	03:23:26	00:53:26	01:15:00	00:47:31	00:35:48		01:15:00				03:23:26
14	Müller	Gerald	Warstade	03:22:28	01:11:04	01:00:20	00:54:13	01:11:04	00:50:57					03:22:28
15	Helm	Lutz	Ofenerfeld	03:16:29	01:13:15	00:49:59	00:36:42	00:32:30	01:13:15	00:49:59	00:38:17		00:47:04	03:16:29
16	Meßthaler	Georg	Großschwarzenlohe	03:14:44	01:12:03	00:29:54	00:50:33	01:12:08		00:29:54				03:14:44
17	Quildies	Egon	Großschwarzenlohe	03:13:39	01:19:40	00:41:35	00:47:10	00:48:16	00:58:22	00:41:35	00:55:37	00:02:29		03:13:39
18	Buck	Robert	Warstade	03:12:25	01:11:30	00:49:25		00:31:35	01:11:30					03:12:25
19	Geringhoff	Rudi	Neuengamme	03:12:18	00:38:07	01:11:54	00:48:30		00:38:07	01:11:54				03:12:18
20	Buhr	Benjamin	Ofenerfeld	03:11:27	01:00:31	01:02:27	00:52:40	00:02:31	01:00:31	01:02:27	01:06:33		00:48:31	03:11:27
21	Schrey	Hans-Albert	Würselen-Haal	03:11:03	00:58:29	01:02:09		01:06:45	00:43:02	01:02:09			00:37:45	03:11:03
22	Reithinger	Bernd	Großschwarzenlohe	03:10:35	00:39:56	00:32:00	00:38:52	00:46:47		00:32:00	01:43:52			03:10:35
23	Wichmann	Uwe	Ofenerfeld	03:09:15	01:08:38	00:45:20	00:51:28	00:37:20	01:08:38	00:45:20			00:51:59	03:09:15
24	Kossmann	Reinhard	Köln	03:07:44	01:29:28		00:40:08	00:58:08						03:07:44
25	Strauch	Stefan	Warstade	03:06:03	01:06:35	00:52:53	00:39:10		01:06:35					03:06:03
26	Reimer	Marion	Warstade	03:04:55	01:02:35	00:59:45	00:34:41	00:27:41	01:02:35					03:04:55
27	Verhoeven	Franz	Würselen-Haal	03:01:13	01:15:04	00:43:10	00:51:56	00:54:13	00:05:06	00:43:10		00:01:17	00:42:05	03:01:13
28	Sonnwald	Martin	Bremen	03:01:11	01:04:35		00:29:44	01:04:35	00:52:01					03:01:11
29	Peltzer	Wolfgang	Würselen-Haal	02:57:57	01:04:24	00:53:30	00:32:18	00:09:46	01:00:03	00:53:30	00:48:09	00:47:10	00:45:37	02:57:57
30	Knubben	Willi	Würselen-Haal	02:57:40	00:37:11	00:52:55	00:38:50	00:52:30	00:46:14	00:52:55		01:11:50		02:57:40
31	Eggemann	Kurt	Köln	02:56:26	01:00:40		00:45:08	00:41:17	00:52:40			00:49:30	01:03:06	02:56:26
32	Schulz	Käte	Warstade	02:56:11	01:03:45		00:40:10	00:48:41	01:03:45					02:56:11
33	Kramer	Elko	Bremen	02:55:14	01:08:03			00:39:08	01:08:03					02:55:14
34	de Ries	Albert	Ofenerfeld	02:54:38	01:00:33			00:53:32	01:00:33					02:54:38
35	Müller	Burkhard	Bühl	02:53:38	00:56:24	00:58:37				00:58:37				02:53:38
36	Debray	Tobias	Würselen-Haal	02:51:17	01:07:19	00:51:59		00:28:08	00:04:46	00:51:59				02:51:17
37	Lurz	Kilian	Jesserndorf	02:51:11	00:59:25	00:55:53	00:23:53			00:55:53				02:51:11
38	Weber	Elke	Warstade	02:51:10	00:59:50	00:51:30	00:48:48	00:11:30	00:59:50					02:51:10
39	Müller	Silvia	Warstade	02:50:48	00:58:28	00:53:52	00:36:21	00:32:12	00:58:28					02:50:48
40	Söhl	Helga	Warstade	02:49:10	01:00:25	00:48:20	00:36:50	01:00:25	00:46:37					02:49:10
41	Arneke	Thorsten	Bremen	02:47:13	00:59:21	00:48:31	00:39:16	00:38:44	00:59:21	00:48:31				02:47:13
42	Brennecke	Eckhard	Wriezen	02:46:42	00:59:40		00:39:09	00:52:04	00:54:58					02:46:42
43	Große	Lars	Wriezen	02:44:49	00:45:10	00:42:29	01:00:15	00:24:20	00:59:24					02:44:49
44	Barthelmann	Gertrud	Jesserndorf	02:43:46	00:56:29	01:02:00	00:29:51	00:45:17	00:44:44					02:43:46
45	Rixen	Lothar	Bremen	02:42:58	01:02:00	00:38:58	00:35:43		01:02:00	00:38:58				02:42:58
46	Opitz	Rüdiger	Bremen	02:42:47	00:54:32	00:40:20	00:53:43	00:50:05	00:54:32	00:40:20				02:42:47
47	Holthusen	Jürgen	Ofenerfeld	02:41:49	00:48:30	00:34:55	01:04:49	00:35:02	00:48:30					02:41:49
48	Meyer	Peter	Bremen	02:41:10	00:55:40		00:49:50		00:55:40					02:41:10
49	Goetschkes	Dieter	Ungerath	02:40:04	01:06:00	00:47:02				00:47:02				02:40:04
50	Schmitz	Harald	Brühl	02:36:54	00:47:46	00:54:34				00:54:34				02:36:54
51	Hilpert	Rene	Köln	02:36:47	00:40:21		00:55:07	00:48:00	00:53:04		00:30:18		00:48:36	02:36:47
52	Wolf	Jochen	Arnsberg-Voßwinkel	02:36:13	00:54:17	00:50:58				00:50:58				02:36:13
53	Garmhausen	Werner	Bremen	02:35:50	00:56:25		00:43:00	00:40:15	00:56:25					02:35:50
54	Tkachenko	Fjodor	Arnsberg-Voßwinkel	02:34:59	01:04:30	00:38:53	00:40:26	00:33:51	00:37:28	00:38:53		00:50:03		02:34:59
55	Scheel	Dirk	Neuengamme	02:34:58	00:58:30			00:58:30	00:37:58					02:34:58
56	Vasilic	Alex	Köln	02:34:01	01:25:35		00:39:21	00:29:05						02:34:01
57	Grünke	Ralf	Ofenerfeld	02:32:21	00:54:43	00:34:59	00:34:05		00:54:43	00:34:59	00:42:55			02:32:21
58	Markgraf	Hans-Werner	Würselen-Haal	02:31:56	00:45:04		00:21:25	01:07:30	00:39:22					02:31:56
59	Otwiaska	Oliver	Bremen	02:31:33	00:45:12	00:49:14	00:53:05	00:35:08	00:45:12	00:49:14				02:31:33
60	Giese	Andreas	Arnsberg-Voßwinkel	02:30:05	00:42:30	00:49:22	00:51:21			00:49:22	00:39:55			02:30:05
61	Klingen	Juppi	Ungerath	02:29:54	01:03:30	00:43:12				00:43:12				02:29:54
62	Engel	Jürgen	Neuengamme	02:29:51	00:58:39	00:32:33	00:31:50	00:24:57	00:58:39	00:32:33				02:29:51
63	Reithinger	Sascha	Großschwarzenlohe	02:28:44	01:02:18	00:43:13				00:43:13				02:28:44
64	Meyer	Gerhard	Großschwarzenlohe	02:28:00	01:07:42	00:28:14				00:28:14	00:52:04			02:28:00
65	Ankenbrand	Günter	Jesserndorf	02:27:53	00:51:10	00:38:37	00:38:34	00:24:15	00:58:06					02:27:53
66	Krott	Silvia	Würselen-Haal	02:27:36	00:36:34	00:53:00	00:33:50		00:47:26		00:47:10	00:45:41	00:33:03	02:27:36
67	Rosenbaum	Alfons	Köln	02:27:07	01:06:01		00:32:07		00:48:59					02:27:07
68	Barthelmann	Walter	Jesserndorf	02:26:44	00:47:55	00:47:33	00:50:34	00:30:18	00:48:15	00:47:33				02:26:44
69	Schmietenknop	Mathias	Ofenerfeld	02:25:28	00:40:48	00:34:45	01:03:52	00:00:22	00:40:48					02:25:28
70	Tropartz	Irmgard	Würselen-Haal	02:23:53	00:58:10	00:33:40	00:22:30		00:52:03					02:23:53
71	Stark	Volker	Neuengamme	02:22:37	00:02:10	01:07:15	00:08:07	00:02:10		01:07:15				02:22:37
72	Schreiber	Andreas	Arnsberg-Voßwinkel	02:21:38	00:45:30	00:48:04	00:22:36			00:48:04				02:21:38
73	von Kügelen	Dirk	Berlin	02:21:32	00:44:39		00:36:17		01:00:36					02:21:32
74	Diez	Wolfgang	Köln	02:20:00	00:00:00	00:37:05				00:37:05	00:45:53	00:57:01	00:37:06	02:20:00
75	Bayer	Jürgen	Großschwarzenlohe	02:19:03	00:49:35	00:44:18	00:33:15		00:45:10	00:44:18				02:19:03
76	Heiduk	Udo	Ofenerfeld	02:18:42	00:29:07	00:40:15	00:23:46	00:29:07	00:28:22	00:40:15	00:58:12			02:18:42
77	Heilemann	Björn	Ofenerfeld	02:17:53	00:41:41	00:48:06			00:41:41	00:48:06				02:17:53
78	Witthöft	Karsten	Neuengamme	02:17:46	00:47:53			00:42:00	00:47:53					02:17:46
79	Grünke	Jan	Ofenerfeld	02:17:16	00:50:00	00:37:16			00:50:00	00:37:16				02:17:16
80	Valtin	Heribert	Jesserndorf	02:16:23	01:00:53	00:30:00	00:45:30							02:16:23
81	Driessen	Ute	Würselen-Haal	02:15:42	00:53:24	00:38:58	00:36:00	00:18:31	00:43:20		00:34:49		00:26:05	02:15:42
82	Kowald	Annegret	Neuengamme	02:13:57	00:32:12	00:36:58	01:00:01	00:32:12	00:29:17	00:36:58				02:13:57
83	Bellefröid	Arndt	Würselen-Haal	02:13:33	00:51:07	00:41:13				00:41:13				02:13:33
84	Lampe-Winkelmar	Helmut	Bremen	02:12:17	00:40:58		00:50:21	00:29:50	00:40:58					02:12:17
85	Schorlepp	Harald	Warstade	02:12:15	00:45:51	00:40:33	00:34:27	00:35:40						